

# Men's Wellness: Optimizing your Health

Dr. Jesse Morse, MD, CAQSM

Frequency: Every 3 months (either in person or via telemedicine)

Services include:

- 90-minute office visit discussing labs, concerns and ways to optimize health
- 15-minute follow-up phone call to answer questions or concerns
- Prescriptions to optimize sex hormones, including injectable testosterone if recommended
- Prescriptions for oral options & ways to help to 'reset' the sex hormone system
- Ordering of peptides (BPC-157, TB-4, TA-1, CJC/Ipa etc) from compounding pharmacy
- Prescription of lab work, extensive panel (covered by insurance, drawn at Quest/Labcorp)
- Access to oral prescription medications including Ivermectin, Methylene Blue, Omega-3 etc
- Access to IVs, including: vitamins, NAD, Ozone, ALA, PC, chelation, stem cells

Price: 1<sup>st</sup> visit = **\$450**, then **\$300** (every 3 months, not monthly)

Note: Peptides are ordered by the physician, but the patient pays for them directly to the pharmacy, same for medications. IVs are not included.